

Vision Board

Categories Checklist



Career & Studies:

- Images or words representing career aspirations and educational goals.
- Quotes that inspire motivation for success.

Personal Life and Habits:

- Symbols or images reflecting personal growth.
- Affirmations promoting self-confidence.

Family, Friends and Community:

- Symbols or images reflecting community involvement.
- Pictures or words representing positive relationships with family and friends.

Health, Wellness and Self-Knowledge:

- Pictures or phrases representing fitness goals.
- Affirmations for a healthy lifestyle.
- Symbols or images reflecting self-discovery.

Relaxation, Hobbies & Creativity:

- Images related to hobbies or passions.
- Quotes encouraging exploration and creativity.

How-To...

1

Cut and Paste:

Cut out images and phrases from magazines or printouts that resonate with each category. Paste them onto the corresponding sections of your vision board.

2

Customisation:

Add personal touches like your name, favourite colours, or doodles around the edges. Write specific goals or dates on the board to make it more personalised.

3

Placement:

Arrange elements in a way that feels visually appealing and motivational. Consider the flow of categories for a well-balanced board.

4

Display:

Hang your vision board in a visible place, like near your desk or on your bedroom wall. Take a moment each day to reflect on the images and goals represented.

